

**EBAC Ambassador Cheat Sheet**

NEED

* Kaiser/CDC study proved that exposure to Adverse Childhood Experiences (ACEs) is predictive of mental health and even physical health (disease/cancer) problems in adulthood
* Brain science shows that the impact of trauma on children can be “reversed” with early intervention
* EBAC can’t remove all children from poverty and family stress, but we can give tools and resources to children and families to mitigate long-term harm

MISSION STATEMENT

* East Bay Agency for Children improves the well-being of children, youth and families by reducing the impact of trauma and social inequities

SERVICE STRATEGIES

To achieve its mission, East Bay Agency for Children delivers a comprehensive continuum of services focused on these three strategies:

* **Building Resiliency -** We deliver intervention services that help children and families protect themselves against long term harm from chronic exposure to adversity
* **Aiding in Recovery -** We deliver intervention services that treat children exhibiting traumatic stress symptoms and emotional or behavioral disorders
* **Prevention -** We deliver services that reduce the incidence of childhood adverse experiences

*Generally, each of our services provides a mix of these strategies to children and families, not just one*.

SERVICES

EBAC operates 4 service divisions that work toward our mission:

1. **School-based Behavior Health**
   * EBAC staff therapists with Masters Degrees provide clinical mental health counseling to students in mainstream classrooms in 40 schools across Alameda county
   * Counseling builds resilience against impact of chronic exposure to trauma
   * Trauma includes community or domestic violence, parental dysfunction, parental separation (death, incarceration, deportation), etc.
   * Students typically receive services for one school year
   * Typically EBAC serves about 1,000 students annually through this program
2. **Intensive Behavioral Health**
   * One EBAC staff therapist and one or more EBAC behavioral coaches work in one classroom of children whose severe behavioral and emotional challenges have demonstrably impacted their academic progress, placing them in special education
   * EBAC runs 3 such classrooms in Oakland and 3 in Alameda; 3 elementary and 3 high school
   * Students are taught by school district staff
   * EBAC operates one Therapeutic Nursery School on Oakland/Berkeley border, licensed for up to 21 children age 2-6 exhibiting emotional and behavioral developmental delays.
   * Goal for all students is to master academic and self-regulation skills so they can eventually transfer to mainstream classrooms
   * In another program, teens exiting the Juvenile Justice Center are matched to an EBAC case manager who assists the youth in successfully transitioning back to school and a home, building healthy relationships and self-regulatory skills.
   * Typically we serve about 130 students annually through all these intensive programs
   * In a new EBAC program, staff work with any youth in Oakland who is at risk of delinquency to intervene, support and redirect the youth and family with case management and limited counseling. EBAC serves 150 youth each year in this targeted intervention program.
3. **Family and Community Wellness**

Services provided support families’ ability to raise healthy children

* + 1. Grief Services
       - Support helps children cope and build resilience
       - Circle of Care evening support groups is open to everyone
       - Evening Support Groups in Oakland and new in Hayward
    2. Family Resource Centers
       - Multi-lingual EBAC staff who reflect the community reach out to local families to help them enroll in programs for health insurance, food support, employment, housing, and other basic needs
       - EBAC operates 5 Family Resource Centers: 2 in Oakland, 1 each in San Leandro, Hayward and Fremont
    3. Afterschool
       - EBAC operates afterschool programs at 4 Oakland Unified schools
       - Programs build resilience and prevention, engage parents, and provide enrichment
    4. Frick Health and Wellness Center
       - EBAC manages full-service health clinic at Frick Impact Academy with Native American Health Services providing medical and dental services
       - EBAC provides mental health services, health education, young men’s and women’s groups, and school climate programs
* **Trauma Informed Collaborative**

This division utilizes EBAC expertise to change how government and non-profit organizations’ understand and respond to trauma experienced by children, youth and family clients as well as the caregiving workforce and the organization themselves.

* + Trauma Transformed is the main activity for this division
  + Trauma Transformed is a Regional Center to help the staff and departments of 7 Bay Area county governments improve coordination and function to ultimately provide better care for children and families involved with foster care, juvenile justice, education, early childhood, and physical and mental health services.
  + EBAC leads this highly collaborative effort with many different community partners and county leaders
  + See www.TraumaTransformed.org and [www.EBAC.org/T2ProgressReport](http://www.EBAC.org/T2ProgressReport) for details